

# Find Your Voice with The EmpowerED Team



## EmpowerED

Respect • Rights • Relationships

“Nothing about us, without us”

### About Us

We are an education and advocacy team who facilitate educational programs and community events through collaboration with people with cognitive disabilities in all aspects of our work. By placing people with cognitive disabilities at the centre of our work, we work together to discuss, share, and learn about Respect, Rights and Relationships, building confidence and empowerment.



Key partners in the project include *Gippsland Disability Advocacy Incorporated*, *Federation University*, and the *Department of Social Services*.



EmpowerED employs people living with cognitive disability to bring their lived experience expertise to work as Peer Educators, who facilitate our programs.



Together with 15 years of experience, we work to help people with cognitive disabilities learn about respect, rights and safe relationships.



GIPPSLAND CENTRE  
AGAINST SEXUAL ASSAULT



Gippsland  
Disability Advocacy



Federation  
University

**Alisha Gilliland 0455 021 138**  
Program Manager

**Renee Rainbow 0460 004 999**  
Program Coordinator

or contact us via **5134 3922** or  
**[empowered@gippscasa.org](mailto:empowered@gippscasa.org)**



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**Alisha** is the Program Manager. Her job is to work with the team to make sure everything gets done and to report to the government who fund the program. Alisha has worked at Gippsland Centre Against Sexual Assault for 3 years and has been involved in respectful relationships education and working alongside people with disabilities for 15 years.

Alisha is happy to work with this fantastic team to create resources and tools to help people with disabilities be safer and happier in their relationships and their lives.



**Renee**

**Alisha**

**Renee** is the Program Delivery Coordinator. Her job is to work with Peer Educators to deliver the education sessions, and to check in to make sure everyone is okay. Renee has worked at Gippsland Centre Against Sexual Assault for 3 years, supporting clients who have experienced sexual harm and violence. Renee is a Counsellor who has experience working with neurodivergent people and young people with disabilities, including as a carer. Renee is very excited to be working alongside and supporting the Peer Educators in the wonderful work that they do. She’s also looking forward to building connections within the community and being a part of this important work.

[www.reallygreatsite.com](http://www.reallygreatsite.com)



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